



# Sample Schedule

9:00 a.m. - 9:15 a.m.

Welcome Games

9:15 a.m. - 9:30 a.m.

Warm ups/Evaluation

9:30 a.m. - 9:45 a.m.

1st Event: Floor

9:45 a.m. - 10:00 a.m.

2nd Event: Tumbl Trak

10:00 a.m. - 10:15 a.m.

3rd Event: Balance Beam

10:15 a.m. - 10:45 a.m.

Snack (Not Provided)/Craft

10:45 a.m. - 11:00 a.m.

4th event: Trampoline

11:00 a.m. - 11:15a.m.

5th event: Vault

11:15 a.m. - 11:30 a.m.

6th Event: Uneven Bars

11:30 a.m. - 12:00 p.m.

Games

12:00 p.m. - 1:00 p.m.

Lunch/Quiet Games

1:00 p.m. - 2:00 p.m.

Special activity/gymnastics clinic

2:00 p.m. - 2:30 p.m.

Open Gym

2:30 p.m. - 3:15 p.m.

Inflatables

3:15 p.m. - 3:30 p.m.

Pick up/Games